

SACRED PATH YOGA Presents....

# KID'S YOGA

Wednesday, June 27<sup>th</sup>, 2018

Ages 3-7 ~ 4pm-4:45pm

\$10 per session ~ Preregistration Required

Develops Strength,  
Balance and  
Coordination of  
Mind & Body

Builds Self Esteem



Relaxes  
Completely

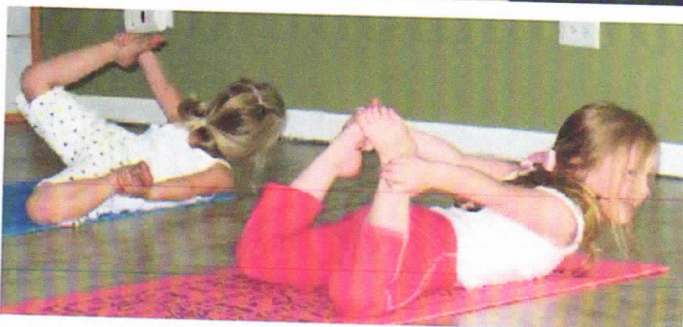


Improves Focus



Taught by Melody Roberts  
BA, CYT, E-RYT 200, E-RYT 500

Melody is specially trained in Kids Yoga, has a child development background... and is the former Owner/Director of Hand-N-Hand Discoveryland, a nationally accredited daycare facility that served Shorewood for over 10 years.



Unites Flexibility & Coordination

For more info please visit [www.sacredpathyoga.com](http://www.sacredpathyoga.com) or email [info@sacredpathyoga.com](mailto:info@sacredpathyoga.com). Or call 815-744-3390